

GR8Drive Driving School

GR8drive Driving School is owned by Gaz Reynolds who is regularly featured on television and radio shows including LBC Radio and Harrow FM (See our You Tube Page at <https://www.youtube.com/user/GRDrive>). Visit www.gr8drive.com for details.

Driving Test Tips

Test Day Nerves

Its normal to be nervous on the day of your driving test but nerves can affect performance! Based on our experience here's a few tips that can help combat those nerves and increase performance in front of your examiner!....

Chocolate

Will help boost your energy levels throughout the test, so you can afford to treat yourself before starting. Go on be naughty!

Pepermints Or Peppermint oil

main effect is represented by a significant improvement of the blood flow to the brain. In addition, peppermint is believed to increase concentration power.

Stick To Routines

The safest and best way to remember what you need to do is stick to your routines. Your Instructor would have taught you these routines. Learn them inside out. Routines are safe, easier to remember, demonstrate skill and will make you feel more confident!

Turn Off Your Phone!

Make sure your phone is off, any distraction can affect the test.

Practice Makes Perfect!

Practice as much as you can whether in a friend or relatives car or in lessons with your Instructor. Go over things in your head and try imaginary scenarios by applying what you have learnt. Are there any weak points? How can you correct them? Look up your Practical Driving Books and go over all the processes leading up such things as roundabouts, junctions, MSPSL, POM, LADA etc....

Go up to junctions and study them and again try to imagine you are driving on them, look to see where the lanes are, there lights etc. Take a note pad with you and write down any notes. If you are not sure of something ask your Instructor who will advise you.

Drive As You Do On A Lesson

Treat your driving test as just another lesson, don't try to change your driving whilst on test. By treating it as a driving lesson, this will reduce anxiety symptoms you may have building. Again, if you stick to your routines it's easier to remember and will demonstrate a high level of competency. So why be nervous?....

You And The Examiner

Address the examiner by his/her name throughout the test, this will break down some tension in the car. During the test your examiner may not chat at all, but some do. Your examiner won't chat when you're right in the middle of something. They'll wait until you're not doing much. If the examiner doesn't chat at all, don't worry just stay focused

The Test

Think positively, and do your best. Focus on what the examiner is telling you and follow His/Her instructions, if you are not sure of an instruction ask the examiner to repeat it. It is down to you on the test day to show the examiner how good a driver you are, so it is important to implement all the skills you have learnt from the Driving Instructor. People who think positively have a better chance of passing, try not to linger on the things you may do wrong. Nerves are a big factor during a test and can affect it, so please try to keep calm and focused. Take a bottle of water with you as your mouth will tend to become very dry due to nerves, the examiner won't mind you taking a sip, but only when the car is parked up and stationary.

Your Driving Instructor On The Test

Your Driving Instructor can sit in on your test for moral support. He/She can't advise or communicate with you but can observe. Having your Instructor on the test can help with relaxing you and making you feel reassured.

Mock Tests

Taking several mock tests over the course of your training can be beneficial in knowing where you are at in terms of your driving skills. If you have done well on your mocks the chances are the result will be the same on the day of your driving test.

If You Don't Pass

Try not to get too upset, it is only a test and can be taken again. The UK driving test is one of the hardest in the world to pass and the examiner is looking for the candidate to demonstrate safe driving ability, good planning, road sense and good use of mirrors. Follow those routines you have been taught in your lessons!.

REMEMBER: routines are easier to remember and the safest way to drive!...